

January 2017

Co-Production Project

Hillingdon CCG

Looking into Co-Production
of revised end to end
Pathway for young people



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Overall aims and objectives

To work with Hillingdon CCG, to support a group of young people and parents to co-produce and operationalise, with professionals, a shared vision for the development of a revised end to end care pathway for young people .

How we will achieve this:

Working with AFNCCF Young Advisers and Parent Advisers we will deliver a programme that includes:

- Individual consultation seminars with young people and parents to review the proposed next steps plan in respect of children's mental health services in the area; Using the final report from the systematic review developed last year, we will review some of the suggestions made going forward. This includes areas such as the promotion of interagency prevention and promotion work, CYP accessing specialist help, the creation of Multiple Advice Points (MAPs) and others. **(Individual Care Pathway consultations – Slide 5)**
- Half day training day, for young people, parents and professionals. For young people and parents, depending on their skills, this could include what to expect from the project, chairing and managing meetings, managing conflict, core writing skills etc. For the professionals it might include how to engage effectively with young people within the context of a co-production. **(1/2 day training day – Slide 6)**

How we will achieve this:

- Half day seminar with professionals and young people and parents – the aims of which are to review together detailed planning in respect of developing and delivery the revised care pathways. This will include assigning key tasks to young people, parents and professionals, working together to help deliver these and confirming mechanisms of co-production to be utilised throughout the pathway- the detail of which will be agreed by the group. **(Developing a detailed plan for the project – Slides 7).**
- Ongoing steering group meetings, to oversee the overall management and delivery of the project – to manage risks and ensure that these are mitigated etc. **(Ongoing Steering group meetings – Slide 8)**
- Monitoring and evaluation of the project – so that core learning can be gained. We will aim to carry out interviews after the project, with all those involved to understand a) what those involved want to achieve from it b) to review those areas that have worked well within the project and c) those areas where there have been difficulties **(Monitoring and evaluation – Slide 9)**

Care Pathways Consultation – Mid March

- The aims of these 2 consultation seminars are to review with young people and parents the emerging 'model for change' in order to:
 - Ascertain, from young people and parents what might work well and what may prove difficult to implement from their perspectives.
 - Understand what their views and priorities may be for improvement
 - Understand how best to involve young people and parents in taking any change programme forward, specifically where their areas of interest lie in potential co-production elements of this programme.

- Staff time = 1 staff x 2 day
- Young advisor = 1 YA x ½ day
- Parent Advisor = 1 PA x ½ day

Training – Beginning April

Half day training for professionals, half day training day for young people, half day training for parents

The aims of which are:

- A) for young people & parents (separately):
 - what to expect from the project, chairing and managing meetings, managing conflict, core writing skills etc.
- B) for professionals:
 - how to engage effectively with young people within the context of a co-production project

Staff time = 1 staff x 2 days

Young Advisor time = 1 YA x 1 day

Parent Advisor = 1 PA x 1 day

Develop detailed priorities and operationalise this – Mid April

Seminar to develop detailed pathway priorities and operationalise this

- The aims of this seminar are to: carry out detailed planning in respect of developing and delivery the revised care pathways
- This will include assigning key tasks to young people, parents and professionals, working together to help deliver these confirming mechanisms of co-production to be utilised throughout the pathway—the detail of which will be agreed by the group.
- Following this meeting, working with Young advisers and Parent advisers, a detailed pathway project plan will be developed.

- Staff time = 1 staff x 1 day
- Young Advisor time = 1 YA x 1 day
- Parent Advisor = 1 PA x 1 day

Implementation: May - August

Supporting the implementation of the project.

We will do this by:

- Holding and supporting regular steering group meetings of young people, parents and professionals. Monthly meetings will be held; May, June and July.
 - And providing on-going mentoring and one-to-one support for young people and parents (and professionals) involved in the delivery of this phase of the project.
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- Staff time = 1 staff x 5 days
 - Young Advisor time = 1 YA x 1 day

Monitoring and evaluation

We will carry out a light touch monitoring and evaluation of the project. This will involve:

- 5 interviews with professionals, young people and parents at the end of the project. This will review their views of a) what worked well b) what did not work so well and c) what is the learning, from their perspective, from the project.
- These interviews will be carried out by AFNCCF Young advisers and Parent advisers – largely by phone. This will then be written up by AFNCCF staff.
- Time – 1 days per professional interview, ½ day per young people interviews, ½ day per parent interviews.
- Staff time = 1 staff x 1 day
- Young Adviser time = 1 YA x 1 days
- Parent Adviser time = 1 PA x 1 days

